



**ACHDUS SPEAKS WITH
MRS. YEHUDIS KORNFELD
OF
EMS FITNESS STUDIO**

ONE COMMUNITY. B'ACHDUS.

ACHDUS
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CORNER:
HAGBAH**

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Mrs. Brucha Weisberger of
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About Critical Information
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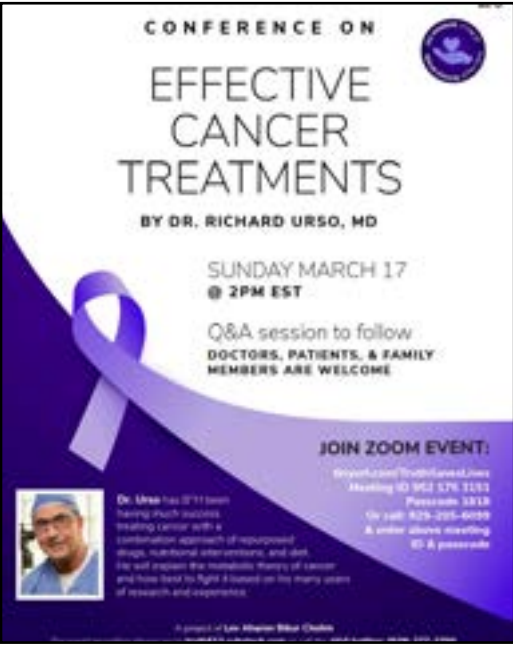
Last week, we had the privilege of speaking with Mrs. Brucha Weisberger, founder of Lev Aharon Bikur Cholim, who shared her inspiring journey of how she became deeply involved in supporting individuals in the aftermath of Covid. Along the way, she developed meaningful relationships with some of the world's most respected and pioneering doctors. In Part II of this two-week series, Mrs. Weisberger continues her story, sharing important lessons she's learned from these prominent doctors about cancer care. She also discusses how she's working to spread this knowledge to help raise awareness and support to those with medical needs within the frum community.

Hi Mrs. Weisberger and welcome back to Achdus Magazine! Last week, you started telling us the background story of how you came to be helping cancer patients and guiding them toward effective treatments that will actually make their chemo, etc., much more likely to work. We left off talking about an informational Zoom program on cancer treatments that you made for the community in July 2023, interviewing Dr. Richard Urso and Dr. Paul Marik. Can you tell us more about these two doctors?

Sure. Dr. Richard Urso is a medical doctor and scientist who graduated with highest honors from the University of Texas School of Medicine, and continued with five years of post-graduate training and research. Dr. Urso is the former Chief of Orbital Oncology at the University of Texas MD Anderson Cancer Center, one of the world’s largest cancer centers. He’s the sole inventor of an FDA approved wound healing drug, and has repurposed many other medications for usage in wound healing, inflammation, and more. He’s been in the White House, Congress, and the Senate, and has worked with members of the FDA, the CDC and the NIH. Dr. Urso had been quietly treating cancer patients with repurposed drugs and select supplements for many years, and achieving phenomenal results, before he spoke about this work publicly for the first time on my program.

Dr. Paul Marik is brilliant senior scientist and a former world-class critical care doctor. Now retired, he was a Professor of Internal Medicine and Chief of Pulmonary and Critical Care Medicine at East Virginia Medical School. Dr. Marik is the inventor of a lifesaving protocol for sepsis which has drastically cut the mortality rate for sepsis in every hospital open-minded enough to adopt it. Dr. Marik is the author of over 500 peer reviewed journal articles and 80 book chapters, and has an H-index of 111, indicating that he is an exceptional scientist and scholar, having made contributions to medical knowledge on a scale that few others have. When Dr. Marik spoke on my program in 2023, he had just completed a meta-analysis of thousands of scientific studies on dozens of different cancer treatments, and published a book, *The Role of Repurposed Drugs and Metabolic Interventions in Treating Cancer*, rating these treatments in order of the evidence for their efficacy.

So, now you have an idea of the caliber of some of the people that B”H I’ve been privileged to learn from.



One of many Zoom conferences that Mrs. Weisberger helped organize on the topic of effective cancer treatments

What made Dr. Urso and Dr. Marik choose a different path than other physicians?

It chose them. They are pioneers, brilliant men, and they have moral backbone. When they find treatments that work, they can’t just put them aside if the mainstream isn’t interested because of financial conflicts of interest, or other reasons. They feel an imperative to save lives which, for them, comes before their popularity or career.

Dr. Urso is constantly investigating and learning, and isn’t tied to any single approach—he intensely studied both pharmaceutical drugs and nutritional products. He worked in his lab for many years to find cures to cancer and to heart disease. Even after he left MD Anderson, he maintained close relationships with the doctors there. On the surface, Dr. Urso is part of the mainstream medical world, which generally opposes “alternative” treatments, but at the same time, he is extremely open-minded—exploring repurposed drugs and uncovering the truth – and intensely aware of the major problems with the conventional medical establishment.

I would ascribe the same qualities to Dr. Marik. These are the types of doctors that we need more of in this world.

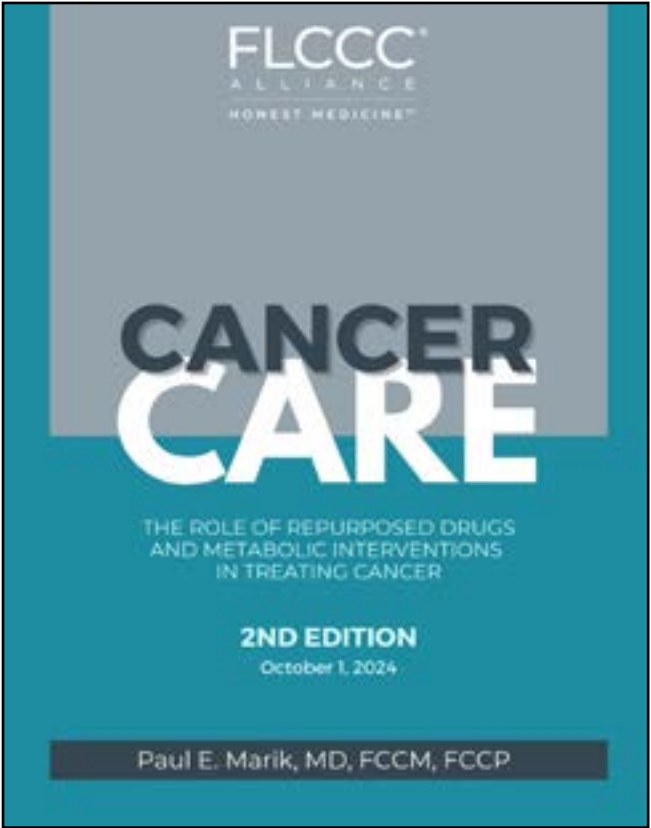
So, did you start your journey into integrative cancer treatments by interviewing these doctors, or was that program an outcome of things you had already been doing?

As you might guess, there was a lot that came before. I always wished I could help people who had cancer with something truly effective, so I always had my ears open for such treatments. Twenty-five years ago, a friend of my mother’s had found a product that was saving lives, and she was devoting herself to assisting patients. I remember wanting to get involved. About fourteen years ago, my grandmother’s aide, who is from Liberia, told me that there are true cures that have been discovered for cancer, but they are suppressed, often brutally – and she told me a story from her country on this topic, which I won’t outline here, but was quite mind-boggling to hear. The story stuck in my mind, and as time went on and I learned more, I realized the reality of her words.

I bring this point up because it’s really a critical one for every patient and family member to know. Lifesaving cancer treatments are routinely suppressed and it’s accomplished in many ways. I see it all the time now, and it breaks my heart. The truth is, if you have knowledge and have been fortunate enough to access true information, you’re richer than a millionaire. Knowledge is more valuable than gold. If you haven’t fallen for the sheker that we are inundated with, thank Hashem over and over.

I’m going to word this delicately, but it needs to be said, because lives are at stake. Patients are turning to people who do not know much about integrative treatments at all and they are being told “stay away.” And this bad, irresponsible advice is costing them their lives. When the doctor finally gives up on them, they feel free to do whatever they want, and then, in desperation, turn to the “alternative” world – by which point, it’s often too late. Not always, but often. At that point, so much damage has been done to their body, and they’re so weak. And it could have been prevented by taking the effective, protective integrative treatments along with the conventional, at the same time. This is what I’m dealing with all the time now, and it breaks my heart.

Please go on. Tell us how you learned more.



Eight years ago, a community periodical interviewed Rabbi Yaakov Kairy, a cancer researcher and practitioner, about the Haelan 951 product, which is made of fermented soy, and has proven cancer fighting efficacy, even at late stages. This article made a big impact on me. Soon afterwards, I contacted Rabbi Kairy in an effort to help a relative who was very sick. But by the time the doctors gave up on the woman and “allowed” other treatments, it was too late. However, I kept Rabbi Kairy’s number, and reconnected with him over the last couple years. He has taught me a tremendous amount about treating cancer.

By 2022, I already had come across a lot of information about integrative cancer treatment, but it wasn’t so practically useful yet. I didn’t have a go-to protocol, or a doctor to send people to. Things changed by that summer, as Dr. Urso started helping with guidance. Even though he was running a huge clinic, when I would text him about a cancer patient, he would find the time to answer me with recommendations. His basic treatments, with which he has saved 2/3 of advanced cancer patients that

have turned to him, are high dose Vitamin D, Vitamin K2, his baking soda protocol, Ivermectin, and Fenbendazole, plus a semi-keto diet. He often adds AHCC, a fermented mushroom supplement, and a couple of other things, which vary based on the type of cancer. One thing I find remarkable is that Dr. Urso has never said to me “It’s too late in the game, don’t even bother.” He has personally helped many patients that doctors had already given up on. When I repeated to him the *Chazal* “*Even if a sharp sword rests on a person’s neck, he should not despair of mercy,*” that really resonated with him. But all Dr. Urso’s cancer treatment work was still being done quietly at that time. Nothing was published, and he didn’t say anything publicly. We really needed a way to get the word out.

When I came upon a printed article in December 2022 about repurposed drugs for cancer, and the story of a glioblastoma patient who was saved, I knew I had to share it with everyone. I republished the article on my Substack *l’iluy nishmas* a woman I knew who had just passed away from cancer. I felt terrible that I didn’t know she was sick until she was already nifteres, and I wanted to try to help stop that from happening to others.

I imagine that once you published an article, more people started contacting you for help.

Exactly. That is what happened. And, Hashem kept sending more and more information and contacts my way. I kept learning new ways to help people, and finding practitioners who could assist patients. This is still happening constantly. Hashem is the One Who has pushed me into this. I couldn’t say “no.”

So, what did you do next?

The vignette I want to tell you now is most important for the lesson it teaches. I had read the book, *World Without Cancer*, by G. Edward Griffin, and I was blown away. The book documents the story of a very effective cancer treatment and how it was viciously suppressed by the FDA. I highly recommend that you read this fascinating volume. When a mutual connection made it possible for me to interview Mr. Griffin, who is in his 90’s, I jumped at the opportunity. That was actually the very first Zoom I did on cancer treatment, in June 2023.

Mr. Griffin is an expert on amygdalin, which became the most-besmirched cancer treatment in the world. Amygdalin is actually naturally present in many foods, and in the geographical locations where people traditionally consume a lot of it in their

diets, they don’t suffer from cancer. G. Edward Griffin was a good friend, back in the 1970’s, of Dr. John Richardson, who was literally curing his patients of cancer with amygdalin, and that’s how Griffin came to be involved with the topic. Unfortunately, the authorities were threatening Dr. Richardson that he must cease and desist, or else they would close him down. Dr. Richardson could not stop, though, as he saw, with his own eyes, patient after patient recovering from “incurable” cancer and going on to live a healthy life. He asked the young Mr. Griffin, a writer, for help. Naively believing that it was just a matter of presenting the case properly, Edward Griffin dove in to assist – but the medical establishment wasn’t interested in the facts. They took away Dr. Richardson’s medical license for the “crime” of saving his patients’ lives. This wasn’t about science—it was about suppressing alternative treatments. The FDA went on to viciously persecute clinics that were offering this treatment, even making arrests. To give you an idea just how well amygdalin was working, Dr. Richardson published an entire book documenting the case histories of his many “incurable” cancer patients cured with amygdalin. The story that I remember vividly is that of a young boy with sarcoma in his arm. Doctors had no cure except to amputate his arm, which would only buy him some time, they said, but not save his life. Happily, B”H, the amygdalin did save his arm and his life. A number of years ago, G. Edward Griffin’s wife, a nurse, put out an updated volume of testimonials highlighting the patients who are still alive, decades later.

Were there studies showing that amygdalin works?

Yes, there was a doctor in Memorial Sloan Kettering (MSK) who successfully cured mice of cancer using amygdalin. However, since MSK is completely bound up with the pharmaceutical industry, they suppressed this simple, non-patentable life-saving product—as they do with many others. The way they get rid of such treatments is by pretending to study them, but slightly altering one critical factor from the original trial, making the treatment ineffective. Then they can claim, “Look, it doesn’t work at all.” This is the tactic they used, and the story is fully documented in Dr. Griffin’s book, *World Without Cancer*.

By the way, the treatment is available today, but you can’t get it in regular hospitals—only “under the table.”

That is very interesting. Going back to Dr. Urso and Dr. Marik, can you tell us more about your program with them in July 2023?

Yes. First of all, I was thrilled that Dr. Urso agreed to do it, as until then he’d been “undercover.” He was happy that Dr. Marik was there—he’s over 80 years old, a senior scientist and doctor, and had just completed a massive meta-analysis on many of these treatments. This gave Dr. Urso published work to back up what he’d been seeing with his own eyes in his patients.

Dr. Urso talked about the patients that other doctors had given up on, who were still alive years later because of his simple, non-toxic protocol, which I mentioned earlier. One of the components is so cheap, that you might laugh at it. It’s just a little bit of baking soda – starting at ¼ teaspoon and building up to ½ teaspoon – mixed in water, twice a day, on an empty stomach. This treatment alkalizes the bloodstream; Dr. Urso explained the science behind it in detail. Cancer can only live in an acid environment, so alkalizing the body is a game-changer. He also explained the diet in detail. He likes to keep it simple, so patients can stick to it. The rule is, eat only proteins (and fat) and vegetables that grow above the ground, at least until 5 PM. No potatoes, bread, cereal, pasta, sugar, etc., even if it’s natural. Between 5-9 PM, he allows you to “cheat,” if you really feel the need to have a starch. This is called a semi-keto diet. It’s not carb-free, but it’s low-carb. This is very important, as many cancers feed off of sugar, and any carbs a person consumes are converted to sugar in the body.

What was another big takeaway from that Zoom meeting?

One of the major insights was that cancer is actually a metabolic disease. That means that cancer is not a genetic disease—it’s not something people are born programmed to get. Instead, it’s a disease of lifestyle, like heart disease and diabetes. What people eat and what they’re exposed to and their lifestyle makes all the difference in whether they develop cancer. You can get the links to watch the whole program, as well as the other two cancer treatment programs I did with Dr. Urso, at <https://truth613.substack.com/p/recording-of-dr-richard-urso-mds> You can also listen to them on my JAVI hotline, 929-277-2700: Box #19 for the first program, box # 25 for the second, which was especially for medical professionals, and box #26 for the most recent one.

Wow, this is all incredible. Any other highlights from that conference?

Yes. Rabbi Yaakov Kairy from Lakewood also spoke. He explained that the most effective approach to cancer treatment is multi-pronged and comprehensive. If you understand what cancer actually is – a metabolic disease - then you realize that “one magic pill” is less likely to provide a real and lasting cure, than addressing the underlying causes.

Rabbi Kairy explained what the pillars of successful cancer treatment are:

*Strengthening the patient’s immune system, so that their body will fight the cancer, as it’s supposed to do. Turns out, we all have cancer cells floating around in our bodies every day, but B”H our properly functioning immune systems are getting rid of them before they can multiply.

*A proper healthful nourishing diet, to strengthen the body

*Non-toxic cancer-fighting treatments, which will target cancer cells without harming the patient

*Bringing oxygen into all cells, including the cancer cells, which kills cancer cells

*Alkalizing the body, which reduces inflammation, increases oxygen in the body, and creates an environment that is not hospitable to cancer

*Gentle detox

Rabbi Kairy has his own all-natural protocol, which he taught me, and which can be used in conjunction with chemo or radiation, and serves to protect the patient from damage and side effects, while making the treatments much more likely to succeed. Many of the products in Rabbi Kairy’s protocol are listed at the bottom of the accompanying sidebar. Haelan 951, which I mentioned above, is one of his top recommendations. Rabbi Kairy told me that many even end-stage cancer patients have been saved using this product. Rabbi Kairy also really likes Randy Howe’s protocol, which Be’ezer Hashem I’ll explain soon, and a number of their recommendations overlap.

Perhaps most important of all, Rabbi Kairy explained to me that chemo treatment on its own can cause cancer to spread. That is because it can eradicate the bulk of the tumor, but not

the stem cells, which are then free to migrate elsewhere in the body. This is another reason why it’s really of critical importance that every cancer patient use other, integrative, treatments at the same time as chemo, which do target the cancer stem cells. We have a number of these products in the protocol we recommend to patients.

This is such important information. Why isn’t it more widely known?

Tragically, there is a lot of corruption. The cancer industry is worth billions of dollars. If there were natural, safe, and affordable treatments widely available to all, the entire system would collapse. There’s a long history of suppressing effective alternative treatments—many of them non-toxic, cheap, and without patents. Meanwhile, new patented treatments keep coming out, costing tens of thousands of dollars per year. This pattern goes back very far. For example, I read a very old book about Black Salve, from over 100 years ago, describing an ointment that could cut out diseased tissue. I saw that there’s current information about it, too. It’s real. There was even a clinic in the US in the early 1900’s, saving lives with this treatment, but the government persecuted them. The propaganda was eerily similar to what we see today against any “alternative” treatment. It is remarkable how the same playbook is continually recycled to ensure those in power do not lose their profit stream.

The truth is, that a properly functioning immune system constantly scans the body for cancer cells and destroys them before they can grow. The body is designed to fight off diseases, including cancer, but conventional medicine often ignores this fact. Instead of strengthening the body’s ability to heal, standard treatments focus on eliminating cancer cells through toxic methods that can harm overall health. The real solution is to restore the body’s natural balance so it can fight cancer as it was meant to.

What else was going on during this time?

I learned about a game-changing treatment called Valasta. It’s so uniquely effective that if someone said to me “I can only take one thing; what should it be?” I would probably say, “Choose Valasta.” I would still try to convince them to add more things, too. But you get the idea. Thousands of people have used Valasta with profound results.

Wow! What is Valasta, and why is it so effective?

Valasta is the strongest natural anti-inflammatory and anit-oxidant known to science. Valasta fights cancer in at least eight different ways. Astaxanthin has been studied extensively for its incredible ability to fight cancer, reduce inflammation, and improve overall health. But the typical astaxanthin supplements don’t have much efficacy at all.

Sam Shepherd, the scientist who developed Valasta, discovered that this is because the glucose molecule naturally falls off in the astaxanthin extraction and drying process. Sam had a diagnosis of a cancer that the medical establishment had no cure for, so he resorted to the almost impossible task of consuming vast quantities of the micro-algae plant rich in astaxanthin in order to reach a therapeutic dose, and he started seeing improvement. Sam spent eight years developing the patented process to create Valasta brand astaxanthin, and he cured his own cancer with it. There are two things that are unique about Valasta: First, the glucose molecule is reattached to the extracted astaxanthin, restoring it to its whole-food form, which is critical to its efficacy. Secondly, this glucosidic astaxanthin is then encapsulated in a fat molecule (olive oil), making it extremely well absorbed in the body. In fact, Valasta astaxanthin is 500 or 600 times more potent than other brands.

Sometimes, people wonder why the product “didn’t work.” Upon questioning, it turns out that they bought *ordinary astaxanthin*, which *appears* to be cheaper than Valasta – but is ineffective. People should not make that mistake.

Where can you get Valasta?

It’s important to know that Valasta is not sold on Amazon. If you search “Valasta” on Amazon, it will show you ordinary astaxanthin supplements. Sam Shepherd tried the astaxanthin supplements on the market and they did not work for him, and that is why he had to develop Valasta astaxanthin. The only website to get Valasta from is www.valasta.net. Look for the tab on top that says “For Products Orthodox Jewish Approved, Click Here.” Yes, Valasta is kosher.



You can also get Valasta from pickup locations which are located in various frum communities, as a chesed. Either way, please be sure to call for instructions. For the past two years there is a dedicated phone line which is not affiliated with the Valasta company helping the heimish community with information and guidance - all solely as a chesed. The number is 845-584-8485. You can leave a message asking for a callback, or you can text. It is very important to contact them to get guidance to be sure that one is taking the proper dose for their weight and condition, and that one goes up gradually to achieve the dosage they need, to avoid any possible stomach discomfort. Some people may need 12 pumps (3 full capsules a day), while others may need 16 pumps, etc. Sadly, some people give up, believing Valasta didn’t help them, when they were just not taking an adequate amount, or taking it for a long enough period of time. It’s also very important to take it with food – meaning, right after eating a meal – for best absorption.

By the way, Valasta works very well for many other health problems, too, like thyroid issues, diabetes, arthritis, benign growths, autoimmune diseases, dementia, Parkinsons, etc. It helps the body achieve homeostasis – the balanced, ideal functioning we’re meant to have.

Has Valasta helped many people in our community?

Yes, I’ve compiled dozens of verified testimonials from people in the frum community who saw incredible results for so many different cancers, including leukemia, lymphoma, colon cancer, prostate cancer, breast cancer, ovarian cancer, brain cancer, melanoma, eye cancer, bladder cancer, and more. Many combined Valasta with chemo and saw their treatments work much faster than expected, shocking their doctors. One of the best parts was that they typically didn’t experience most of the side effects of chemo, and their bloodwork tended to stay good, as well. There are also patients who used Valasta after doctors had given up on them and they were no longer on chemo, and they experienced remarkable recoveries. There have B”H been success stories seen both with Valasta alone, and Valasta in conjunction with other integrative treatments. You can see my article with all these testimonials at <https://truth613.substack.com/p/part-3-real-hope-for-cancer-valasta>

Is there anything else that’s important to know about Valasta?

Yes. Valasta helps protect the body from the effects of radiation, so it’s ideal to be on it when going for radiation therapy. Valasta can also help with after-effects of radiation exposure. Often, people who have previously gone through chemotherapy are still suffering the after-effects years later, with blood test results showing problems that won’t go away. Time and again, Valasta has helped patients get back their health post-chemo and achieve normal labwork. In fact, one mother just reported a week ago that for fifteen years since her son’s leukemia journey, in which he had three bone marrow transplants, his liver enzymes have been 10x to 30x over the normal range, but now that she gave him Valasta for three weeks, his liver enzymes are almost normal for the first time. She’s understandably very excited.

So, what is your ideal recommended protocol for a cancer patient?

I would suggest that at the same time as they are doing whatever their doctor recommends, they take Valasta, Ivermectin, Fenbendazole, high-dose Vitamin D3 plus Vitamin K2, and a very powerful expanded protocol of cancer-fighting nutritional products, known as Randy’s Protocol; more on that soon. (See sidebar, as well.) Every one of these recommended supplements has been proven safe to take with chemo and/or radiation, etc, but I give people the number of an MD to check whatever meds they’re taking and to guide them with dosages of the treatments. Of course, I also very strongly recommend that they go onto a healthy low-carb diet, as I mentioned earlier.

When people are extremely sick, I recommend they also try to get integrative IV treatments, such as high dose IV Vitamin C, and more. These have been proven to be very powerful and Be’eZRas Hashem really turn the tide.

Have you seen personal stories that gave you chizuk with this combination approach?

Absolutely. B”H I’ve seen amazing things which really give me strength to keep doing what I’m doing. Here are some cases I’ve personally been involved with: an elderly man with bladder cancer that was supposed to be chronic—then it was completely gone. A woman in her 30s with stage 4 ovarian cancer that wasn’t expected to make it. Six months later, she was declared cancer-free. A man with Stage 4 cancer, spread to his bones, B”H now cancer free. A case of colorectal cancer in a young

person, discovered at Stage 3, which shrunk with astonishing speed, and now the person is doing great, B”H. A person with a growth which B”H totally disappeared in a month.

I want to stress that *tefilla, tefilla, tefilla* is the real key! Hashem is THE ONE Who makes the treatments work, when He wills it. It is nes when the products “work.” It’s really Hashem, the whole time. We do need to do our best *hishtadlus*, though, which means davening and taking the most effective known treatments possible.

It's probably confusing to for cancer patients to know what to do, with so many different integrative treatments out there.

Yes, it is, and that is where I try to help, by writing articles to explain things, by collating and organizing information, and by talking to people on the phone and sending them materials.

I came to realize that Hashem has given me a role to play. I’m not a doctor, so what do I do? I would say I’m an “explainer.” B”H, Hashem gave me the ability to take in and synthesize information, and then present it in a way that people can readily understand it. I find that this helps patients and their family members tremendously.

At first, I did not have enough confidence in myself, and I thought, who was I to help people with cancer? But then I saw that the gifts that Hashem gave me were really needed by people, and that even though I didn’t go to medical school, I could take information from doctors and scientists and explain it in a way that helps tremendously. I started noticing that by doing this, I could literally save lives.

I want to stress that I do not sell any products, or make a commission off of anything. I never charge for anything that I do. I feel that this “purity” is very important to maintain, so that no one should ever doubt my words because they might think I have a conflict of interest.

We heard that you recently ran a Zoom event with Dr. William Makis, a Canadian oncologist. Can you tell us more about him and his approach to cancer treatment?



Dr. William Makis speaking at a recent Zoom conference that Mrs. Weisberger organized.

Yes. Dr. Makis is an oncologist in Alberta, Canada who used to run a very specialized radiology center. The government shut him down and took his ideas, but he continued his cancer research and became a strong advocate for effective treatments with the repurposed drugs and nutritional products, quite similar to Dr. Urso’s approach. Of course, there are some differences, most notably the higher doses of Ivermectin and Fenbendazole that Dr. Makis uses, but the foundation is the same. Dr. Makis is also not shy about exposing the *sheker* in the mainstream.

Six months ago, he started offering remote consultations, and after a short time, B”H, the success stories started pouring forth. Almost daily, Dr. Makis publishes an article on his Substack, www.makismd.substack.com, about another patient who is improving, or has even gone into remission. These were people who until now, were doing very poorly, with the conventional treatments not working. Dr. Makis documents the patients’ bloodwork, showing their cancer markers dropping, or their scans, showing their tumors shrinking. B”H, Dr. Makis is finding that he can help ¾ of the late-stage patients who come to him.

This past January 8, I was very fortunate to interview Dr. Makis on Zoom, and the video recording has been watched over 6,000 times. B”H it really was an extraordinary program. You can listen to it on the JAVI hotline, 929-277-2700, Box #28. You can also view the article with the recording link and accompanying resources at <https://truth613.substack.com/p/recording-of-fascinating-program>

You mentioned ‘Randy’s Protocol.’ Who is Randy, and can you tell us more about his treatment protocol?

Researcher Randy Howe built this comprehensive cancer treatment protocol to smother cancer from every possible angle at once. That means, blocking every pathway that it can utilize to get fuel to grow, (because cancer constantly tries to adapt and find new pathways to survive), and working to stop each of the negative things that cancer does to the body, like muscle wasting and weight loss.

Randy’s protocol is also built on a basis of Ivermectin, like Dr. Urso’s and Dr. Makis’s, but Randy includes a lot more nutritional items, which are all scientifically documented cancer fighters. Each one is selected for a specific benefit it accomplishes. Randy encourages patients to use his protocol in addition to standard treatment, and, just like the other integrative methods we discussed, Randy’s protocol helps reduce the side effects and harms of chemo or radiation, while also making those treatments much more likely to work.

One of the unique things about Randy’s protocol is that he includes DMSO to aid in absorption of all the other treatments directly into the bloodstream, and to help break down the protein shell of the cancer cells to allow the other treatments to penetrate. DMSO is also a very potent anti-inflammatory.

Randy’s protocol took over 4,000 hours of research to develop. Randy became a cancer researcher due to losing his own father to pancreatic cancer, and created this protocol because he wanted to figure out what could truly help patients to survive. The most remarkable thing is that he gives this information out for free, providing a short Google document with clear instructions and links to order each product - which he researched for bioavailability - from the most economical source he located. He never takes a penny, and he is even available for people to reach out to on the phone for help. Randy is also providing guidance on the Whatsapp chat that B”H I established to help people with cancer treatment (there are doctors on the group as well.) The link to that chat is <https://chat.whatsapp.com/KeGxb1et09xJgexoGU2191>

Have you seen results with Randy’s protocol?

Yes! B”H, in the relatively short time since learning of Randy’s protocol, we have seen some wonderful successes - that I’ve been personally involved in - using a modified version of Randy’s protocol, or a combination of Randy’s protocol and Valasta. Randy has many other success stories from the years he’s already been helping people worldwide. Here is a testimonial from a woman with Stage 4 cancer spread to her bones, who just started Randy’s protocol and is B”H already seeing results. We spoke about the protocol on January 19, and she sent me this message on February 7:

“Brucha quick update... my bone pain has greatly diminished on Randy’s protocol!!! I’m actually doing a modified version of everything in his protocol, except I’m using high doses of Ivermectin, Mebendazole, and Doxycycline. So far so good!! I’ll be keeping you updated!!! G-d bless you for all you do, from the bottom of my heart!”

Randy gave me a compilation of 246 scientific studies which provide the evidence for his protocol. I published the links to all those studies, together with the recording of the outstanding presentation that Randy gave for us on January 28, here: <https://truth613.substack.com/p/miraculous-cancer-testimonials-recording>

You can also hear Randy’s interview on my JAVI hotline on Box 30.

Where can we get Randy’s protocol?

You can find it on the link above with Randy’s presentation, or you can email me for it. I’m also including most of the items (excluding the dosages and the purchasing links in the original) in a sidebar to this article. Randy Howe also has a maintenance protocol for people who are B”H in remission, and a cancer prevention protocol. There isn’t enough space to go into cancer prevention here, but that’s obviously a critical topic that I hope we can talk about in the future. *“Al regel achas,”* please stay from chemicals in your environment, food, and pharmaceutical products as much as possible, eat a low-sugar diet (not vegetarian!) and check your Vitamin D blood levels. Keep them

nice and high, like at least 70. Try to get adequate sleep and exercise. Readers can email me for any of Randy’s protocols, if they wish.

Please note that for many of the items in Randy’s protocol, it is very important to order the brands that he recommends, because they are much more effective than others. Ivermectin and Fenbendazole are easily available; readers can email me for sources.

This is such a chesed of Hashem, that these treatments and discoveries have come to light. They can bring tremendous hope to people who are suffering.

Yes, that is definitely true. While it certainly seems that more people have cancer than ever before, Hashem has at the same time given the *chesed* of these treatments, which can provide real hope even in situations that previously seemed hopeless. The fact that these treatments are being discovered and publicized is directly from Him—it’s all the kindness of Hashem.

It’s crucial to remember that everything works only because Hashem wants it to work. We can’t lose sight of Who is really in charge. Hashem is the One who gives these natural elements their healing properties. When a person is healed, it’s not really because of a supplement or a protocol; it’s Hashem allowing it to succeed. Reminding ourselves of this constantly helps keep things in the right perspective. The most important thing is constant *tefilla*.

What do you tell someone who has cancer and is looking for guidance?

I tell them that the key is to focus on restoring health, not just attacking cancer. The body is designed to fight disease when it’s given the right tools. A multi-pronged approach—strengthening the body and immune system, detoxifying, and using non-toxic treatments—gives the best chance of success. If someone feels overwhelmed, I help simplify the information and guide them toward the most effective strategies.

Any final thoughts you’d like to share with our readers?

My hope is that every patient becomes aware of these treatments early on—ideally at the time of diagnosis, not when they’ve exhausted all conventional options. The best outcomes happen when people take action right away, doing these effective and

protective treatments alongside whatever conventional treatment they choose to do. It’s important not to be discouraged by those who dismiss everything integrative. It’s sad that they are uninformed or misinformed, but don’t let that cost your loved one’s life, *chas veshalom*.

Nobody knows everything. That includes your well-meaning frum oncologist and medical advice organization. They specialize in conventional treatments, and tend to know a smidgen or less about anything integrative. When they say “Such-and-such may interfere with chemo, so stay away,” they are talking out of theory, not out of real experience – in other words, they are ignorant. One of my clients is a patient at Memorial Sloan Kettering, and her oncologist there told her, “Mark an X on all supplements.” B”H, I am fortunate to be collaborating with experts who each have years and hundreds (or more) of patients’ worth of experience. This hands-on knowledge proves beyond a shadow of doubt that the modalities we recommend are safe with conventional treatment.

The reality is that these treatments often make a very significant difference—not only by fighting cancer directly, but also by protecting the organs from damage, reducing the side effects of chemo/radiation, strengthening the body and immune system, and sensitizing the cancer to the other treatments so that the other treatments are far more effective.

That being said, if *chalila* someone you care about is already facing an advanced situation, please don’t give up. There are many documented recoveries even when doctors said the patient only had weeks left.

I can be reached at LevAharonBikurCholim@gmail.com or at 646-407-7066.

I want to end off by thanking Hashem for giving me the opportunity to be a messenger to try to help His children. I also would like to thank Hashem for a wonderful Rav whom my husband and I are able to frequently consult on any issues of concern that arise.

May the *Rofei Chol Basar* help that no one should need these treatments anymore.●

Here are some of the most powerful cancer fighting treatments we know. The general recommendation is to use all of the items in the main graph, or as many as possible. PLEASE CONTACT US so we can put you in touch with a doctor for dosage information and to check any possible medication interactions, and also to recommend effective brands and other items important for your particular situation. This graph is provided for informational purposes and does not substitute for informed personal medical guidance. Most of the items below are from Randy’s Protocol, but not all. There are also a few items from Randy’s protocol that have been omitted here to avoid overwhelming the reader. Please email LevAharonBikurCholim@gmail.com for Randy’s original protocol.

Valasta brand astaxanthin	Fights cancer in at least 8 different powerful ways, including inducing cancer cell death, suppression of metastasis, and inhibition of tumor growth. Can inhibit tumor stem cells. Reduces inflammation, reduces chemo side effects such as nausea and weakness, protects from radiation damage, protects from chemo-induced organ damage, helps make conventional treatments more
Baking soda	Helps make the body alkaline so that it is not an environment that cancer can live in
Ivermectin	Fights cancer in 15 different powerful ways, including inhibiting cancer metastasis and proliferation, causing cancer cell death, can inhibit tumor stem cells, makes cancer cells more sensitive to chemo so that it’s more effective (and can reverse chemo resistance), reduces inflammation, helps with pain
Fenbendazole	Causes cancer cell death and disrupts cancer cell formation
Gaia Turmeric Supreme Extra Strength	Attacks cancer stem cells, stops cancer spread
High dose Vitamin D3	Fights cancer in multiple powerful ways, triggers cancer cell death, reduces cancer cell spread,
Vitamin K2	Inhibits cancer cell growth and spread, and promotes cancer cell death
Life Extension Advanced Milk Thistle	Helps detox, helps protect liver from effects of chemo, helps repair liver, anti-inflammatory,
Gaia Immune Mushroom Blend	Promotes body’s own immune response to fight cancer
Annatto tocotrienols	Attacks cancer stem cells, stops cancer spread, promotes cancer cell death
Doctor’s Best Serrapeptase	Helps penetrate cell wall of cancer so treatments can get in, flushes dead cancer cells and other harmful proteins out of the body, anti-inflammatory, counters fibrosis
Berberine	Blocks cancer from utilizing glucose, glutamine, and fat as fuel
Mom Nutrix Omega 3 with highest EPA/DHA, 12,000 mg daily	Stops muscle wasting/weight loss, helps with appetite, kills cancer cells, reduces inflammation
HMB, 3,000 mg daily split in 3 doses	Stops muscle wasting/weight loss, has direct anti-tumor effects, helps body’s immune system to fight the cancer, anti-inflammatory
High dose Melatonin	Inhibits tumor initiation and progression, promotes cancer cell death, helps body’s immune system, helps make cancer cells more sensitive (less resistant) to chemo so that it’s more effective
DMSO	Inhibits cancer cell proliferation, stimulates a tumor-suppressing protein, is anti-inflammatory, helps prevent radiation damage, helps bring other cancer-fighting treatments directly into bloodstream, breaks down protein shell of cancer cell to allow other treatments to penetrate, helps alleviate pain
Fisetin	Suppresses cancer cell growth and induces cancer cell death

More excellent treatments – this is an incomplete listing, drawn from Dr. William Makis’s and cancer researcher Rabbi Yaakov Kairy’s recommendations, plus others: Haelen 951, high-dose IV Vitamin C and other integrative IV treatments, Genuine Essiac, super bioavailable sublingual curcumin, Immune Tree 6 colostrum, Superfood Plus, lactoferrin, black seed oil, Poly MVA, amygdalin, AHCC, Beta 1,3 D Glucan, Beljanski Formulas, Dr. Schulze’s formulas